

2016 대한스포츠의학회 워크샵

-Elbow and ankle Intensive Course-

■ 일 시 : 2016년 1월 24일(일요일)

■ 장 소 : 한국체육대학교 종합강의실

<Elbow 1>		좌장: 성빈센트병원 김준성	
09:00 ~ 09:15	Pathophysiology, biomechanics and risk factors of elbow epicondylopathy	양산부산대병원	이창형
09:15 ~ 09:45	Ultrasonographic findings of elbow sports injuries (Video demonstration)	한국체육대학교	김은국
09:45 ~ 10:15	Elbow Taping techniques effective for elbow sports injuries (Video demonstration)	태릉선수촌	김태규
10:15 ~ 10:25	Discussion		

10:25 ~ 10:35	휴 식		
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<Elbow 2>		좌장: 네온정형외과 박진영	
10:35 ~ 11:05	Effective rehabilitation techniques for the management and prevention of elbow epicondylopathy (Video demonstration)	국가대표 사격팀	최지연
11:05 ~ 11:25	Effective sports-specific assistive devices for elbow sports injury	이대목동병원	배하석
11:25 ~ 11:55	Surgical indications and treatments for elbow epicondylopathy (Video demonstration)	이대목동병원	신상진
11:55 ~ 12:05	Discussion		

12:05 ~ 13:05	중 식		
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<Ankle 1>		좌장: 이경태정형외과 이경태	
13:05 ~ 13:20	Pathophysiology, biomechanics and risk factors of chronic ankle instability	아주대병원	박영욱
13:20 ~ 13:50	Ultrasonographic findings of foot and ankle sports injuries (Video demonstration)	이경태정형외과	제갈혁
13:50 ~ 14:20	Ankle Taping techniques effective for ankle sports injuries (Video demonstration)	태릉선수촌	강현용
14:20 ~ 14:30	Discussion		

14:30 ~ 14:40	휴 식		
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<Ankle 2>		좌장: 삼성서울병원 황지혜	
14:40 ~ 15:10	Effective rehabilitation techniques for the management and prevention of chronic ankle instability (Video demonstration)	제일정형외과	정태석
15:10 ~ 15:30	Effective sports-specific assistive devices for ankle sports injury	분당제생병원	이태임
15:30 ~ 16:00	Surgical indications and treatments for chronic ankle instability (Video demonstration)	조선대병원	이준영
16:00 ~ 16:10	Discussion		