



사)대한선수트레이너협회 47차 정기세미나

2019 International Symposium

Sports Science & Medicine for Soccer & Baseball

주최: 사)대한선수트레이너협회, 대한스포츠의학회

2019. 12. 1(일) 09:00 ~ 18:00

이대서울병원 의과대학 3층 계림홀

08:00~08:50 REGISTRATION

08:50~09:00 OPENING CEREMONY

Session I. ELBOW PROBLEMS IN YOUTH BASEBALL PLAYERS

좌장: 강흥덕 (야구학교), 문영래 (문영래정형외과)

09:00~09:20 Elbow injuries in young throwers

신상진 (이대서울병원)

09:20~09:40 Can the elbow injury in adolescent affect function even after adult

김준엽 (명지병원)

09:40~10:10 How to manage youth baseball players elbow in season

Mike Schuk (New York Yankees)

10:10~10:30 Q & A

10:30~10:40 Coffee Break

Session II. SPECIFIC SPORTS INJURIES IN YOUTH SOCCER PLAYERS

좌장: 이경태 (이경태정형외과), 최종혁 (한양대학교병원)

10:40~10:55 What is sever's disease & how to manage

서상교 (SNU서울병원)

10:55~11:10 What is patellofemoral syndrome & how to manage

왕준호 (삼성서울병원)

11:10~11:25 What is Osgood Schlatter disease & how to manage

이상학 (강동경희대병원)

11:25~11:55 How to prevent & treat thigh muscle injuries

Claudio Donatelli (Italia National Soccer Team)

11:55~12:10 Q & A

Session III. 시상식

12:10~12:30 우승팀, BEST AT, BEST MD, 감사패

R-KATA

12:30~13:30 LUNCH BREAK

Session IV. INVITING LECTURE

좌장: 오재근 (한국체육대학교), 배요한 (KIA TIGERS)

13:30~13:50 Spine Health for Baseball Players

이성우 (달려라병원)

13:50~14:20 Field management strategies of spine condition and return to play decisions after spine injury in MLB

Thomas Albert (LA Dodgers)

14:20~14:30 Q & A

14:30~14:40 Coffee Break

Session V. BUILDING UP SOCCER PLAYER

김상훈 (오산대학교), 김진수 (세종스포츠정형외과)

14:40~15:00 Scientific approach to soccer fitness

천성용 (호남대학교)

15:00~15:30 Evaluation and rehabilitation of foot and ankle injuries: from physician perspective

Satoshi Yamaguchi (Chiba University)

15:30~15:50 How to develop quick thinking soccer players

한덕현 (중앙대학교병원)

15:50~16:10 Q & A

16:10~16:20 Coffee Break

Session VI. OTHER CONSIDERATION IN SOCCER

김장열 (제주 유나이티드 FC), 정태석 (스피크)

16:20~16:40 Is 'athlete's heart' a health worry after retirement?

김영주 (성신여자대학교)

16:40~17:00 Soccer's most common injury to the shoulder

이혁준 (FC서울 U-18)

17:00~17:20 How to assess soccer performance?

Steve Hong (Kinetic)

17:20~17:40 Muscle recovery strategies for soccer playres

양상진 (동원대학교)

17:40~18:00 Q & A

18:00~ CLOSING CEREMONY

등록방법 및 비용

- 협회평점: R-KATA 50점 / 대한스포츠의학회 30점
- 등록기간: 11월 4일(월)~28일(목) 정오까지
- 등록방법: 이름, 소속, 생년월일(+면허번호), 연락처 협회메일로 송부(webkata@hanmail.net)
- 등록비용: R-KATA 준회원 이상, 대한스포츠의학회 정회원 6만원 / 일반회원 및 비회원 8만원 / 대학생(평점X) 3만원 (현장등록 : 사전등록 +1만원)
- 입금계좌: 우리은행 1005-602-308376 사)대한선수트레이너협회) (계산서 발급희망 - 입금전 사무국 연락)
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