

18th ASIAN FEDERATION OF SPORTS MEDICINE CONGRESS &

8th ISN INTERNATIONAL SPORTS MEDICINE & SPORTS SCIENCE CONFERENCE

26 - 28 APRIL 2024

SABAH INTERNATIONAL CONVENTION HALL,
KOTA KINABALU, SABAH, MALAYSIA.

A New Era of Sports & Exercise Medicine:

Evolution of Science Towards Health & Performance

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ORGANISED BY



MALAYSIAN ASSOCIATION OF
SPORTS MEDICINE (MASM)



INARBITUT SUKAN
NEGARA (ISN)



ASIAN FEDERATION OF
SPORTS MEDICINE (AFSM)

AFFILIATED WITH



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We welcome all sports clinicians,
sports physicians, sports scientists,
sports nutritionists, sports
biomechanists, sports
psychologists, sports pharmacists,
sports rehabilitators, sports
physiotherapists, athletic trainers,
coaches, athletes' entourages,
professional athletes and
postgraduate students to
#AFSMXSMSS2024

SABAH INTERNATIONAL CONVENTION CENTRE (SICC)



S A B A H I N T E R N A T I O N A L C O N V E N T I O N C E N T R E (S I C C)

is located in Kota Kinabalu city. It is a six-hectare multi-function complex, the largest waterfront purpose-built conference, exhibition and entertainment facility in Borneo. The well-designed floor plan at SICC features an expansive column-free convention hall with a retractable partition system divisible into three sections. Each multipurpose hall can cater for up to 1,500 delegates, offering a combined floor space of 6,800 square metres, including an extensive pre-function area. On a separate level are three contiguous exhibition halls encompassing a 5200 square metres flexible event space plus six meeting rooms and private VVIP lounge. The top floor is dedicated to 13 individual private meeting rooms while situated on level three are VIP rooms and VVIP lounges leading to the grand foyer of Sabah's first world class performing arts hall.

• *Congress Workshops*

• *Congress's Thematic Focus*

• *Abstract submission & Young Researcher Award*

• *Post-congress Social Excursion*

Congress Workshops:

01

Ultrasound-guided Neuromusculoskeletal Pain Intervention Workshop

02

High Performance Sports Conditioning Workshop

03

Integrated Sports Rehabilitation Workshop

04

Advanced Anti-doping Workshop

THEMATIC FOCUS

The 18th Asian Federation of Sports Medicine Congress, ASFM 2024 will address up-to-date issues as follows, but not limited to:

- Sports Medicine
- Sports Science
- Exercise Medicine
- Exercise Physiology
- Sports Nutrition
- Sports Psychology
- Sports Biomechanics
- Doping & Drugs in Sports
- Sports Physiotherapy & Rehabilitation
- Sports Technology
- Injury Prevention in Sports
- Sports Ultrasound
- Sports Regenerative Medicine/ Sports Biologics
- Coaching in Sports
- Motor Learning & Skill Acquisition in Sports
- Strength and Conditioning
- Sports Integrity, Diversity, Equity & Inclusion



Submit Your Abstract Now!

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AFSM Young Researcher Award

- All accepted abstracts (oral and poster presentations) will be included in the abstract book, uploaded online on the conference website and published in a peer-reviewed indexed journal.
- AFSM Young Researcher Award for Oral and Poster Presenters. For candidates below 40 years (date of birth after 1st Jan 1984).
- Dive into compelling topics from esteemed speakers of IOC, IPC, WADA, WHO, FIMS, BASEM, ACSEP, AFSM and more from around the globe.

Post-congress Social Excursion



www.afsm2024.com



Email: event@malaysiansportsmed.org/ secretariat.afsm2024@gmail.com

WhatsApp/ Line Alston Choong: +60 12 375 5661 or WeChat ID: alstoncwk